IELTS GENERAL

SPEAKING

QUARTER 1 - 2020

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SPEAKING PART 1

1. Numbers

1. Do you have a favourite number or a number that is special to you?

Yes, my favourite number is 1 because it's the day I was born on, and it's my **lucky number**. I also like to be a **unique** person or have something which are unique, which means number 1.

- Lucky number (noun): số may mắn
- Unique (adj): duy nhất

2) Do any numbers have special importance in your country?

Yes. The number 7, for example, is supposed to be a special number in my country. It appears in so many places, like the seven days of the week, the **seven main notes in music**, and the seven ages of man that Shakespeare described. People in Vietnam don't like number 4 because its Vietnamese pronunciation is quite similar to **mortality** and people want to avoid it. That's why they hate number 4 appearing in their house number, their car **number plate**….

- Seven main notes in music (noun): bảy nốt nhạc
- Mortality (noun): sự tử vong, sự chết chóc
- Number plate (noun) = license plate (noun): biển số xe

3) Are you good at remembering numbers? Why / why not?

No, I'm not very good at remembering numbers. I **have a memory like a sieve**. And also, I don't think it's necessary to **learn them by heart**; I just save them on my phone or other **advanced** devices.

- Have a memory like a sieve (idiom): trí nhớ không tốt
- Learn ST by heart (verb): học thuộc long
- Advanced (adj): hiện đại

4) What numbers do people often have to memorise?

The most important number to remember **on a daily basis** is the pin number for your bank card. Without this you can't pay for anything or **get cash out**. You should also remember a telephone number of the closest friend or relative in case of emergency.

- On a daily basis (phrase): hằng ngày
- Get cash out (verb): rút tiền

2. Pen or Pencil

1. When was the last time that you used a pen or pencil?

I like writing, and the last time I used a pen was yesterday morning, when I had to sign a paper, for pencil - it was yesterday evening, when I **jot down** some ideas to plan for the next day. I like both of them. Pen can make my words look **bold**, while pencil gives me some sort of connection between my thoughts and my writing.

- Jot down (verb phrase): ghi lại
- Bold (adj): đậm

2. Do you usually use a pen or pencil?

I carry my pen with me more often, since pen is more **reliable** and the lines it produces is more **visible** than the pencil. I used to like the **wooden pencil** in the past, since it made me look **nostalgic** and somewhat intellectual, but I always forgot to bring along the pencil **sharpener**, and many times, I couldn't use it at all.

- Reliable (adj): đáng tin cậy
- Visible (adj): đáng tin cậy
- Wooden pencil (noun): bút chì gỗ
- Nostalgic (adj): hoài niệp
- Sharpener (noun): gọt bút chì

3. Which one do you use more often? Pen or pencil?

Because I bring pen with me more often, I use pen more frequently. I also found out that though the development of technology can make people more dependent on laptops or tablets to take note, the most effective way to express our feelings and thoughts is by handwriting.

4. What do you think if someone gives you a pen or a pencil as a gift?

A writing instrument, such as a pen or pencil, would be a lovely and thoughtful gift which is suitable in most of the occasions. We can give it to our friends, co-workers, lovers, people who are older or younger than us. Basically, if I got a pen or a pencil as a present, I would **cherish** it and also be thankful for the person who gives it to me, since I love writing, and cannot survive without pens or pencils.

- Cherish (verb): trân trọng
- Survive (verb): sống sót

3. Sweeties

1. Do you like to eat sweeties?

Not really, because I recognized that sugar can make our bodies age speedier, create more **wrinkles** and be prone to cancer, obesity and diabetes. So basically, that is not my thing.

- Wrinkle (noun): nếp nhăn
- Be prone to ST (adj): dễ dặp phải …

2. Do you like sweeties compared with you were child?

Not anymore. When I was a child, sweets were always in my house. It seemed like everybody visiting my house brought me sweets as gift. I was really happy receiving them, and sometimes, even asked for more. But now, it is not my favorite thing anymore since I developed a healthier diet. My family still has bowls of sweets to serve guests, but I just don't have any **intention** to touch them at all.

- Have intention to do ST (verb): có ý định làm gì

3. Have you ever tried to make sweeties?

I have never tried making sweets, since they are so cheap in my country, and I can easily buy them in every shop. Furthermore, I don't really feel the need to have them, and I stay away from them as far as I can.

4. Why people like sweetíes?

Well, I think people love sweeties, because when we eat something sweet, we feel happy and energetic. It gives us a sense of well-being, and helps **moderate our moods**. Many people said that after taking a sweet, they can continue working and stay **conscious** longer. To me, that seems like a **getaway** from the reality, since sweet tricks the body to react as if it has enough nutrients and energy to continue, without realizing the lack of vitamins or rest. But sweet is cheap and everywhere, therefore people would opt for it more often rather than looking for a healthy solution in a long term.

- Moderate mood (verb): cân bằng cảm xúc
- Stay conscious (verb): tỉnh táo
- A getaway from the reality (noun): sự trốn thoát khỏi thực tế

4. Being alone (Spending time by yourself)

1. When was the last time you were alone?

I can't remember exactly, maybe very long time ago. I'm kind of a **social butterfly,** so I tend to direct myself to crowded places. Furthermore, I have a very little son who always **clings to** me when I come home from work. I mean recently I have no time alone.

- A social butterfly (idiom): người hoà đồng
- Cling to SO (verb): bám theo, dính theo

2. What do you like to do when you are alone?

As I'm a **tea addict**, that's my number one activity to do alone. Furthermore, I enjoy reading a book or a series on Netflix. I tend to **get lost in** those two activities. Moreover, I enjoy taking a walk alone around town and **people watching.**

- Tea addict (noun): người nghiện trè
- Get lost in (verb): tham gia
- People watching (verb): nhìn người lạ/ ngắm nhìn người lạ

3. Do you wish to have more time alone?

Definitely not. As I live alone in a **studio apartment**, I sometimes get lonely, so I take every opportunity to have social interactions to avoid sitting at home alone. I would consider myself a mixture between **introvert** and **extrovert**, but definitely leaning more towards extrovert. Although I definitely appreciate my time alone, I certainly don't **crave** anymore.

- Studio apartment (noun): phòng cho 1 người ở
- Introvert / extrovert (noun): người sống nội tâm/ ngoại tâm
- Crave (for ST) (verb): khao khát cái gì

4. Is it important to have some time alone?

Without a doubt! I think we all need some time alone for **self-reflection.** Furthermore, when we spend too much time with people, we tend to get annoyed with them, even **take them for granted** at times. With this said, we all need a break from people to remember just how great they are.

- Self-reflection (noun): tự nhìn lại bản thân
- Take ST/SO for granted (verb): không đánh giá cao cái gì

5. Scenery

1. Is there any beautiful scenery in your hometown?

Well, there is a massive amount of scenic spots in Vietnam. It feels like when we go to any city or **municipal** in our country, we have **splendid** destination to enjoy. My hometown is famous with **green paddy fields** that can lift everyone up with fresh air and endless view. I love waking up early to run to the field, look at farmers **ploughing**, and realize that the sun rises slowly from the far end to illuminate every single object.

- Municipal (noun): thủ đô
- Splendid (adj): lộng lẫy
- Green paddy fields (noun): những cánh đồng lúa xanh
- Plough (verb): cày
- Illuminate (verb): chiếu sáng

2. When you travel, do you like to live in a hotel with a good view?

That would be my dream. Though many places are now so heavily **commercialized** that in order to have a place with a nice view, we have to pay more money, I still like the idea of waking up to the sunlight, feel the fresh air within my whole body, listen to the sound of the beach or the daily life of locals. Whenever going on a holiday, I prefer to book a hotel with **seaside**, **riverside** or **mountainside** river.

- Commercialise (verb): thương mại hoá
- Seaside/ riverside/ mountainside (adj): ven biển, sông, núi

4. Do people like to take photos of beautiful scenery with their smartphone? Why?

I think most of us want to keep good memories of moments reliving them as many times as we can since they bring us hope, joy and some time, **life-changing events**. Nowadays, with the help of technology, people can easily pull smartphones out of their pockets and have very high-quality pictures **within some seconds**, which is both convenient and exciting. However, I am a person who likes to keep good moments in my own memories, and truly enjoy while it lasts, so I usually forget to take pictures when I visit beautiful places.

- Life changing events (noun): những sự kiện thay đổi cuộc đời
- Within some seconds (phrase): trong vài giây

6. Museums

1. Are there many museums in your country?

Not so many in comparison with other countries, I think. The majority of museums in Vietnam **have a strong emphasis on** military history or a particular significant figure such as Ho Chi Minh Museum. I do hope in the future we could have Natural History Museums or Science Museums which are far/way more interesting.

- Have a strong emphasis on ST (verb): nhấn mạnh điều gì

2. Do you think museums are useful for visitors?

Absolutely yes! I do think museums play **a crucial role** in **enhancing people's knowledge** about the world, arts and science. As well as this, they are **particularly** useful for those who doing research and want to **dive deeper into** their field of study.

- Play a crucial role in ST (verb): đóng vai trò quan trọng
- Enhance people's knowledge (verb): có thêm kiến thức
- Particularly (adv): đặc biệt
- Dive deeper into (verb): tìm hiểu sâu về

3. Do you often visit museums?

Once in a blue moon, to be honest with you! Perhaps**,** because the museums here are not **interactive, attractive and engaging** to me. So, I myself find it's really difficult to feel either enthusiastic or have any desire to visit unless **I am obliged to be** there to write a report. That was the case about 8 years ago when my school **organised a field trip** to the Vietnam Military Museum and I had to **submit an essay** about what I learnt.

- Once in a blue moon (idiom): Rất hiếm khi
- Interactive, attractive and engaging (adj): nhiều tương tác, thú vị, hấp dẫn
- Be obliged to … (adj): bắt buộc phải
- Organize a field trip (verb): chuyến đi thực tế
- Submit an essay (verb): nộp bài luận

4. When was the last time you visited a museum?

It was actually 3 years ago when I had **a golden chance** to visit **the Museum of Ethnology** to **get a better grasp** at the lives and cultures of the 54 **ethic minority groups** in Vietnam. I really **had a whale of a time** that day. I have to say that it is a truly amazing place for any tourists visiting Vietnam.

- A golden chance (noun): cơ hội vàng
- The museum of Ethnology (noun): bảo tàng Dân tộc học
- Get a better grasp (verb): hiểu hơn về
- Ethic minority groups (noun): những dân tộc tiểu số
- Have a whale of a time (idiom): rất thích cái gì (enjoy oneself vẻry much)

7. Art

1. Do you like art?

Yes, I like all types of arts, **modern art**, **ancient art, cultural art**, **performance art**, etc…. The fact is there is art everywhere and in everything. Whether it is a **structural art** of a building or a special way a chef creates a **delicacy**. I believe art is a beautiful thing and that it is the greatest form of human expression.

- Modern art/ ancient art/ cultural art/ performance art (noun): nghệ thuật hiện đại/ cổ xưa/ văn hoá/ trình diễn
- Delicacy (noun): món ăn

2. Do you think art is an important part of life?

Yes, if there was no art, everyone and everything would be the same. There would be no entertainment. Life would be **dull**; we would all just work and go crazy. If we didn't have art, we would all be robots.

- Dull (adj): mờ nhạt, chán chê

3. Do you think art classes are necessary?

Yes, definitely. Learning art, especially at a young age, can help stimulate children's **cognitive development** and encourage them to **think outside the box**. Because they're still little, their ideas are very fresh and lovely, which is worth appreciating.

- Cognitive development (noun): sự phát triển nhận thức
- Think outside the box (idiom): nghĩ sáng tạo

4. Do people in Vietnam like visiting museums and art galleries?

Not everyone in Vietnam enjoys going to museums. Most of my friends are not interested in art, but I have a small **passion** for it. After I graduated, I began to enjoy taking trips to various **art exhibits**. Since then, I have made a few friends that are artists, and now they invite me to their **galleries** quite often.

- Have a passion for ST (verb): có đam mê với …
- Art exhibits/ gallaries (noun): triển lãm nghệ thuật

8. Cake

1. Do you like dessert?

To be honest, I'm an avid fan of dessert, be it cake, sweet soup, fruit or any type of ice cream. I also believe that I have more knowledge and preference on dessert than other types of dishes, for example main dish or appetizers, and dessert is always the first thing I choose.

- Appetizer (noun): món khai vị

2. Do you like eating cakes?

I **have a sweet tooth,** and cake is undeniably one of my favorite go-to choice when I am bored, when I'm excited or when I cannot choose anything else. I basically love all kinds of cakes, from vanilla, chocolate to **fruit flavored ones**. I can be proud that I know most of the bakeries within 300 meters from my house, and also a frequent guest of some.

- Have a sweet tooth (verb): hay ăn đồ ngọt
- fruit flavored cakes (noun): bánh vị hoa quả

3. What desserts do Vietnamese like?

I'm not so sure about the exact number, but from my own experience, I could say that ice cream is what Vietnamese cannot live without. First of all, our country is a **tropical** country, so we need ice cream to cool ourselves down, especially in the summer. Even in the winter, when we go to the center of my city, there are still many ice cream shop opened with lines of customers waiting to be served.

- Tropical (adj): nhiệt đới

4. Have you ever made cakes?

Yes, though I'm still facing difficulties with certain types of cakes, say, **muffin** or **maccaron**. I'm quite proud of my pan cakes, cookies and birthday cakes. I love staring at the oven when the cake is being baked, discovering how the heat changes the shapes and colors of them. To me, a smell of **newly baked cakes** is heaven, it can turn a nasty, angry person into the nicest, most **angelic** one. Occasionally, I put more effort into by adding some topping, frosting or decoration; but most of the times, the cake itself is already perfect.

- Muffin (noun): bánh nướng xốp
- Maccaron (noun): bánh quy kẹp kem
- Newly baked cakes (noun): bánh vừa mới được nướng
- Angelic (adj): giống như thiên thần

9. History

1. Do you like learning history?

Yes, I am a big fan of reading historical stories. When I was a little girl, I always took some historical books from my father's bookshelf and read. I feel that history **cultivate** my mental development but also give me a picture of human society

- Cultivate (verb): nuôi dưỡng

2. What historical event do you find most interesting?

I think it should be Vietnamese Independence Day, which happened on the second of September 1945. This day **marked a milestone** in our national history that Vietnam has become a nation of freedom, **liberty** and happiness. This event opened a new era for our nation.

- Mark a milestone (verb): đánh dấu 1 mốc lịch sử
- Liberty (noun): sự tự do

3. Do you think history is important?

Obviously history is essential in our part of life. It forms a **cultural identity** and keeps the unique **records** of a nation. Learning about history is also a way to increase **patriotism** and **learn from the past**.

- Cultural identity (noun): bản sắc văn hoá
- Record (noun): những ghi lại
- Patriotism (noun): lòng yêu nước
- Learn from the past (verb): học từ quá khứ

4. Do you like to watch programmes on TV about history?

Yes, I enjoy watching some **documentaries** about history on TV because I can see lots of **video** materials that cannot be seen in the textbooks.

- Documentary (noun): phim tài liệu
- Video material (noun): tài liệu dạng video

5. Can you name a person from history who you would like to learn more about?

Honestly, even though learning history is one of my interests, I still have a little knowledge about Uncle Ho – the first president of Vietnam. I would like to investigate more about him who has **gained reputation for** a simple life, talented political strategies fighting against powerful invaders and **a warm heart**.

- Gain reputation for ST (verb phrase): nổi tiếng về điều gì
- A warm heart (noun): một trái tim nhân hậu

10. Laugh

1. Do you like to watch movies or TV shows that make people laugh?

Yes, though I'm not a fan of comedy movies, I love TV shows that **bring light to people's life**. Our lives are stressful enough during the day that we don't need more sadness or dramatic shows to be more **pessimistic**. Some of the shows that I love watching is The Ellen Show, in which Ellen - the host - always starts with **a signature dance** of hers. She also focuses on the joy and happiness of her audiences and guests.

- Bring light to people's life (verb): mang niềm vui đến mọi người
- Pessimistic (adj): bi quan
- a signature dance (noun): điệu nhảy đặc trưng

2. Do you usually make your friends laugh?

Sometimes, since my friends say that I'm **goofy**, and I usually see the details that my friends don't pay attention to. I'm not really the center of any parties that I go to, but I love hearing people laugh and looking at their happy faces encourages me to **crack some jokes**. Furthermore, having a good time together has been, and is always my key when I join my friends.

- Goofy (adj): ngốc nghếch
- Crack some jokes (verb): cười với câu

3. Are you the kind of person who makes people laugh?

Not really, I think. Until now, I think people recognize me as a pleasant person to be around with. But to become that **charming** person, who can crack jokes without hurting anyone, who can make fun of him or herself without getting **humiliated** by others is a different circumstance, I need to sharpen some of my skills. We can all learn that, I suppose, by practicing.

- Charming (adj): người khuyến rũ
- Humiliated (adj): bị nhục nhã

4. Do you think it is important to laugh with friends?

Yes, having friends is to make our lives less stressful, happier and more meaningful. It is **crucial** when we can stay strong together, overcome challenges, share good moments and a lot of laughs.

- Cruicial (adj): quan trọng

11. Water sport

1. Have you done water sports?

I can swim, and I tried **bodyboarding** once when I visited Danang beach. Swimming lessons, I can say, are good friends of mine, which always make me feel alive after I meet them. And bodyboarding, all I had to do was to lie on the board, waited at the right current, and the waves would do the rest of the **magic**, flew me back to the shore. I spent my entire summer vacation just hanging at the beach, playing with the board.

- Bodyboarding (noun): trò chơi nằm trên ván và lướt song
- Magic (noun): trò ma thuật

2. What water sports do you like doing?

I am a water body, and basically whenever I get into water, I feel that I can **conquer** the world. Right now, I love swimming, and learning free style. I find it hard and exciting at the same time. Sometimes, I forgot breathing, while in other moments, my legs missed some kicks, or my arms didn't know what to do. But in general, I feel totally relaxed.

- Conquer (verb): chinh phục
- my legs missed some kicks (clause): chân tôi bị trượt

3. Are water sports popular in Vietnam?

Let me see. Now, since I have access to both swimming pools, gym, yoga and dancing classes, I don't really think water sports are common in my country, at least from my point of view. One reason could be there are not many facilities for us to do training, and people think that pool membership cards are somewhat expensive, in comparison with other types of exercises, such as yoga or gym. Another cause is that we are often not equipped with **sufficient** knowledge on how to react with dangers or accidents in water, so many Vietnamese people are afraid of getting into and really enjoying it.

- Sufficient (adj): đủ

4. What kind of water sports do you want to try?

I actually put surfing as a **must-try** this upcoming year. When I was at the beach, I found some very excellent surfers who were extremely professional and good at their job. They stood on the waves, controlled the boards, dancing with all the wind, the water and themselves. I was encouraged to stand on a board like that to try, and a minute later I found myself drinking a lot of sea water and swept away by the waves. I'm definitely going to try it this year.

- Must-try (noun): nhất định phải thử
- Be swept away (verb): bị cuốn đi

12. Park

1. Do you like going to parks?

On the whole, I am keen on going to the park with my close friends since I really want to get close to the nature and enjoy the fresh air. In addition, as the park is tranquil, it's a great place for me to spend my quality time having chit-chat with my friends

- Get close to the nature (ph.v): Gần với thiên nhiên
- Tranquil (adj): Yên tĩnh và thanh bình
- Quality time (n): Thời gian quý báu.
- Chit-chat (n): Cuộc hội thoại

2. When was the last time you went to a park?

To the best of my recollection, it must have been a few months ago, I went for a walk in the park with my boyfriend when we were full after the eating out at the restaurant. It was breezy in that night and it really put our feet up.

- To the best of my recollection (idi): Theo tôi nhớ không nhầm
- To be full (adj): Ăn no
- Eat out (ph.v): Ăn ngoài
- Breezy (adj): Gió mát
- Put sb's feet/ foot up: Thư giãn

3. Do you think the parks where you live could be improved in any ways?

To be honest, I think more facilities such as slides, wings or playgrounds should be added quite a bit in the park. Because there's not really that much thing to do in the park, so sometimes it's getting quite tedious to pay frequent visits to the park. Furthermore, more leisure activities should also be provided for everyone to join and gain valuable experiences.

- Slide (n): Cầu trượt
- Swing (n): Đu quay
- Playground (n): Sân chơi
- Quite a bit= Quite a lot: Rất nhiều
- Tedious (adj): Buồn tẻ
- There's not really that much thing to do: Không có nhiều thứ để làm
- Valuable experience (n.ph): Trải nghiệm quý giá

4. Would you like to see more parks and gardens in your hometown?

Yeah, definitely. There is just one park in my hometown, so I want to see more modern and complicated parks near my house so that I can go there to wind down and get away from the stressful working life.

- Complicated (adj): Phức tạp
- Wind down (v): Thư giãn
- Get away from the stressful working life (ph.v): Thoát khỏi cuộc sống làm việc căng thẳng

5. Do you prefer to relax with your friends in a park or an indoor place?

It depends on my emotion. If I'm in a good mood, I would certainly spare time hanging out with my friends in the park. However, if I'm sick and tired of studying and working, I'd rather stay at home and take a nap to recover my energy.

- Good mood (n.ph): Tâm trạng tốt
- To be sick and tired of (ph.v): Phát ốm và mệt mỏi vì …
- Take a nap (ph.v): Nghỉ ngơi

13. Running

1. Do you like running?

I have to confess, I'm **a running addict**. I usually get up early at 6 in the morning, and the first thing I do after that is to wear my training shoes in, then walk straight to the park to run for about 3-6 km. I think running keeps me fit, and is also a good way to perfectly start an effective day.

- A running addict (noun): người thích/ nghiện chạy
- Keep fit (verb): giữ dáng

2. Have you ever taken a running class?

I have a gym membership card, so I tried running classes, uhm, maybe once or twice, but I don't really like it. There were a lot of people in a same room, and when we **sweated**, it smelled really bad. Moreover, some times the teacher forced us too much that some people hurt and even broke down. I prefer my own pace, so that I could listen to my body and really enjoy the run.

- Sweat (verb): đổ mồ hôi

3. When was your last long running?

I cannot recall, actually, since my runs are usually about 3 to 6 kilometers around a park, and I have never joined any marathon or competition. But there was a day when I was so energetic that I completed 3 rounds of my park, which was about 9 km in total. That was 2 weeks ago, when the sun was **ridiculously** bright and it seems to **generate a holy vibration** to **lift everybody's mood**.

- Ridiculously (adv): kì lạ
- A holy vibration (noun): sự rung động
- Lift SO's mood (verb): nâng cảm xúc

4. Where do you think is a good place to run?

Well, there is no perfect place for this type of exercise. But running, to me, needs an open space so that we can really speed up and slow down without any **constraint**. It must also provide shades for people to stop, otherwise we would be **burned** under the sun. Therefore, a park would be a top choice for me.

- Constraint (noun): sự hạn chế
- Burned (adj); bị cháy nắng

5. Do you think running is a good way to stay healthy?

Definitely, because it is an exercise that requires our whole body to work. It consumes fat, water, makes our body sweat and leaves us with energy. I also believe that running can benefit all of us, since everybody can do it, without taking a class, like swimming, or boxing. **A plus point**, we can start whenever we feel like, and stop exactly whenever we want, without fear of **exhaustion** or broken limbs.

- A plus point (noun): một điểm cộng
- Exhaustion (noun): kiệt sức

14. Science class

1. Have you ever taken science courses?

I have taken some courses in Biology, Chemistry and Physics when I was in secondary and high school. These courses were subject oriented, which means every **semester** we learnt just one topic. I can remember that the Biological topic I learnt in grade 8 was the body of frogs. We had to go to the market and looked at real frogs, examined their bodies; then went to the lake near our school to learn their habitats and wrote a report when the semester ends.

- Semester (noun): kì học

2. Should we learn science?

Studying science should be high recommended. With science, we have a closer look at things happening around us every day, which we may be **taking for granted**. That can help us become more grateful, and also improve our **analytical** skills. For instance, when we finally discovered how certain types of acid react with protein, we started looking at our meals and helped our moms in kitchen more. Some of my friends also reported that when they stopped their family members from choosing the wrong foods, they became healthier.

- Take for granted (verb): coil à hiển nhiên
- Analytical (adj): phân tích

3. Did you have any science classes in elementary or high school?

Yes, I did. In elementary school, I had science, and we learnt basic knowledge on how our bodies function, how to cook a simple meal for our family - which I found very interesting because none of our parents let us touch the real kitchen **utensils** when we were younger. In secondary and high school, we had 3 different subjects named Biology, Chemistry and Physics.

- Utensils (noun): tận cùng

4. **What kind of science do people usually study?**

I don’t really know the exact information However, if I have to guess, based on the choices of my friends and the popularity of training institutes and universities, I would say Biology. With this branch of science, people can later **pursue careers** in botany, zoology, anatomy, molecular biology and genetics, and many other sub-disciplines.

- Pursue careers (verb): theo đuổi sự nghiệp
- sub-disciplines (noun): môn học phụ

15. JEANS

1. Do you wear jeans?

When I was at high school, I wore jeans **on a daily basis**. I used to **mix and match** them with colorful T-shirts and a pair of sporty shoes. But now I usually **put on** formal clothes such as a dress or a shirt and trousers to my office.

- On a daily basis (prep): hằng ngày
- Mix and match (collocation): kết hợp đồ
- Put on (phrasal verb): mặc

2. How often do you wear jeans?

I choose to wear jeans **from time to time**, especially at the weekend. Mostly I will wear jeans when **hanging out** with friends, **wandering** on the street at the weekend or having a picnic in a park, because it gives me **a sense of flexibility and comfort**.

- From time to time (idiom): thỉnh thoảng
- Hang out (verb): hẹn hò với bạn bè
- Wander (verb): đi bộ
- A sense of flexibility and comfort (collocation): cảm giác thoải mái

3. Do you like wearing jeans? Why?

For **casual attire**, a pair of jeans seems to be a perfect choice for me and it also makes me look a bit younger. But I don't like wearing jeans in summer, especially when the weather is **boiling hot** because jean is not a **light fabric**.

- casual attire (noun phrase): quần áo thường ngày
- boiling hot (adj): nóng / rất nóng
- light fabric (noun): vải nhẹ

4. Why do you think jeans are popular?

I think firstly because it is fashionable. Youngsters **are really into ripped jeans**. Secondly maybe because of its price. You know clothes made of jean is quite **affordable** for all.

- be really into ST (idiom): rất thích cái gì
- ripped jeans (noun): quần bò rách
- affordable (adj): trong khả năng chi trả/ giá hợp lí

16. TRUST

1. Who do you trust most?

My mom is the one I believe in. She had given me life, raised me and **was burden with** my naughty games when I was little. When I share with her my **hardship**, she understands and always **looks for** ways to solve the problem and make things better. I'm grateful to have my mom beside me.

- tobe burden with sth (v): phải chịu đựng
- hardship (n): sự khó khăn
- to look for (v): tìm kiếm

2. Have you ever lost truth in someone?

I would love to say no, but yes. There was a friend to whom I told a lot of deep dark secrets, shared my feelings and she revealed them with the world. I felt **betrayed** and **depressed** afterwards, but then accepted that she was just one of the people needed in my life, to teach me lessons about friendship and **honesty**. I would still share my feelings with friends because I'm still an **open-hearted** person.

- betrayed (adj): bị phản bội
- depressed (adj): trầm cảm
- honesty (n): sự chân thành
- open-hearted (adj): rộng rãi, thân thiện

3. What kind of people do you trust?

It would be hard to **define people by category** because everyone is different. But a friend indeed is a friend in need. I would trust people who are kind, **modest** and friendly. If they help people, that means they are aware of others' **well-being** and I think they are **trustworthy**.

- define sth by category: phân chia sth thành loại
- modest (adj): khiêm nhường
- well-being (n): sự hạnh phúc
- trustworthy (adj): đáng tin

4. Do you trust artificial intelligence?

It depends. Personally, I don't like the idea of having an AI robot to know all of my secrets and truths, because I'm afraid of the **threats** that could happen if my information is **leaked** to somebody's ill intention. But in the modern **technological era,** where everyone is busy with their own purposes and problems that no one listens to another with their whole hearts, artificial intelligence could be an **inevitable** choice.

- threat (n): mối nguy
- leak (v): rò rỉ/bị phát tán
- technological era (n): thời đại công nghệ
- inevitable (adj): không thể tránh khỏi

17. TIREDNESS

1. What things make you tired?

I feel **exhausted** when I have to do **repetitive** tasks or sitting idly a whole long day. This may happen when I have to attend **seminars** or listen to some boring **lectures** when I was at high school. I think because I didn't find any benefits in those lessons.

- exhausted (adj): kiệt sức/kiệt quệ
- repetitive (adj): lặp lại
- seminar (noun): hội thảo
- lecture (noun): bài giảng

2. What do you do when you feel tired?

Whenever my mood goes down, I will refer to music to be uplifted again. I created a playlist in my smartphone named "Workout", which contains a lot of songs with a fast beat, drums, and bass. I also put **national anthems** and some EDM songs in this list, like a cure for my **moody state**.

- national anthem (noun): quốc ca
- moody state (noun): tình trạng chán chường, mệt mỏi

3. Who do you prefer to talk to when you feed mentally tired, your families or friends?

Though my ultimate answer is talking to no one since I'd like to sit by myself and examine my thoughts **individually**. But if I have to give an answer, it would be my family to talk to, because they know me more than my friends. Furthermore, I can share with them my true feelings and secrets.

- individually (adv): mang tính cá nhân

4. Do you want to talk to strangers when you feel mentally tired?

I don't think a stranger can help me if the problem is inside. Talking to a stranger about my problem seems to be a false **escape** out of **reality**. If I want to be stronger mentally, I would look deeper into myself to see what I need.

- escape (noun): sự trốn thoát
- reality (noun): thực tại.

18. MAKE-UP

1. Do you often wear makeup?

I don't often wear makeup, because I think makeup products have a lot of chemicals which are not good for our skin. Moreover, applying and removing makeup costs **a huge amount** of time. Instead, I would choose to live **healthily** and doing **skincare** in order to **have a good look**.

- a huge amount of (noun): một lượng lớn
- healthily (adv): khỏe mạnh
- skincare (noun): chăm sóc da
- have a good look (v.phrasal): trông xinh đẹp

2. What does wearing makeup mean to you?

I think this is a way for people to look younger, more beautiful and to **conceal defects**. It is not wrong since it can help us become more **confident**. But I'm not a fan of it because when people use makeup too much, they tend to be **over-reliant on** it and **ignore** the consequences it may bring, such as the **insecurity** of showing our bare skin or letting people see you without makeup.

- conceal (verb): che giấu
- defect (noun): nhược điểm
- over-reliant on (v.phrase): quá dựa dẫm vào
- ignore (verb): lờ đi
- insecurity (noun): sự bất an

3. Do you give makeup as gifts?

Yes, because I sometimes receive makeup products as presents from some friends. And some other friends are **in need of** them, so giving makeup away will bring us **mutual** benefits: my friends **are satisfied with** new makeup, and I get some free space in my room.

- in need of (adj) cần
- mutual (adj) có qua có lại
- to be satisfied with (adj) hài lòng với

4. What do you think when you see a man wearing makeup?

I think it is totally fine. I wouldn't be surprised or **opposed** if my boyfriend wears makeup. It doesn't mean he's **gay or gay-prone**, just a way to take care of ourselves. If he wakes up one day and feels his lips dry, he should put some **lip balm** on it.

- opposed (adj): phản đối
- gay/ gay-prone (noun): đồng tính
- lip balm (noun): kem dưỡng môi

19. EATING

1. How often do you eat with your family?

I eat with my family every day. My mom is a very **good cook**, and she always gets up early to prepare food for us in the morning. I love it when my family **gathers around** the table to start a day with a big breakfast together.

- good cook (n): người nấu ăn ngon
- gather (v): tụ họp

2. Do you like eating healthy food?

I love healthy food, because it keeps me from getting hungry, makes my **muscles** stronger and helps my brain work more **effectively**. I try to eat as many vegetables as I can, and avoid **junk food** when it comes to snacks.

- muscles (n): cơ bắp
- effectively (adv): hiệu quả
- vegetable (n): rau xanh
- junk food (n): thức ăn có hại

3. Do you eat out a lot?

To be honest, I don't like the atmosphere at restaurants or **street vendors**, where people sell food. The food there is **made in bulk** to serve many people at the same time, so I don't really believe they received enough love and care from the cook. I find myself rarely go out to eat.

- street vendor (n): người bán hàng ăn lề đường
- make in bulk (v.phrase): làm số lượng lớn

4. Do you prefer eating at home or at a restaurant?

I would choose to eat at home, though the **clean-up** can make eating at a restaurant a more **appealing** option sometimes. I like home-cooked food, the way we pick **ingredients** and even the time when people gather to prepare for the meal. Home meals are always my priority.

- the clean-up (noun): việc dọn rửa
- appealing (adj): hấp dẫn
- ingredient (n): nguyên liệu

20. ANIMALS

1. Have you ever kept pets?

Yes, I have got 2 dogs. They are the funniest animals in the world. Whenever I go home, they **waive their tails** to welcome me. They always want to sit next to me, especially when I go to sleep. They also have some naughty moments, but overall they are lovely.

- waive tail (v): vẫy đuôi

2. Do you like to go to the zoo?

I don't like going to the zoo. To me, it is a cruel place where animals are **ill-treated** and separated from their **habitats** and families. I have been to the zoo only two times, and the animals there are so sad that I don't want to come back anymore.

- ill-treated (adj): bị đối đãi tệ bạc.
- habitat (n): môi trường sống

3. Have you ever seen any wild animals before?

Yes, I have seen wild bees and snakes. At first, I was really scared of them, and I am still **frightened** by the snakes. But I became **acquainted** with the bees after a while.

- frightened (adj): bị dọa sợ
- become acquainted with (v): làm quen/ dần quen với

4. What wild animal do you like most?

I like bees most since they are very hard-working. They are also a good symbol of **unity** and **diligence**. I also love to watch documentaries about them and learn from them great strength to **stay in order** no matter what the circumstance may be.

- unity (n): sự đoàn kết
- diligence (n): sự mẫn cán
- stay in order (v): giữ trật tự/lề thói

21. VOICES

1. Has your voice ever changed?

Well, my **pitch** has been higher since 14, and because I love singing, my range also has been **widened**. I can lower my voice when I want to **emphasize** something or raise my pitch if I feel happy.

- pitch (n) cao độ
- widen (v) mở rộng ra
- emphasize (v) nhấn mạnh

2. Do you enjoy recording your voice and listening to it?

I like covering songs so recording and listening to my voice are one of my favourite **hobbies**. Some records need to be redone a lot of time because I am not a professional, but I really love how I produce and **refine** them. The whole **process** makes me feel like I'm a famous singer.

- hobby (n) thói quen
- refine (v) cải thiện
- process (n) quá trình

3. Do you like your own voice?

I am a big fan of my voice. In fact, I can **imitate** some singers, like Amy Winehouse and Aretha Franklin. Their voices were stronger and more powerful than mine, but **I'm working to** improve my ability and not worry about that.

- imitate (v) bắt chước
- work to do sth (v.phrase) cố gắng cải thiện

4. Does your voice sound similar to your parents'?

I have never **paid attention** to this. But **on second thought**, my voice seems to be lower than my father's and mother's, so I don't think I sound like them.

- pay attention to (v.phrase) chú ý tới
- on second thought (prep): nghĩ lại

22. ISLAND

1. Have you ever been to an island?

I have never **set foot on** any islands. But I have heard a lot about the beautiful islands all over the world.

- set foot on (v) đặt chân tới

2. Are there any islands in your country?

My country has a very long **coastal line** with a lot of islands. Most of them are very beautiful and **attractive** to visitors. They have a wild environment, and people having been there usually want to come back.

- coastal line (n) đường bờ biển
- attractive (adj) hấp dẫn

3. Do you want to live on an island if you have a chance?

If given an opportunity, I would try living on an island. It might be an **extraordinary** experience for me because I'm too familiar with the **convenience** of the city with stores, shops, and services. If I live on an island for a while, I could become a braver, wilder version of myself.

- extraordinary (adj) ấn tượng
- convenience (n) sự tiện lợi

4. What do you like to do when you are on an island?

I would **definitely** enjoy the fresh air, run as far as I can, shout as loud as I could, put my toes in the sand and enjoy the waves coming at me. But I might get lonely when the evening comes, because there are usually not many people on an island, and also not many kinds of **entertainment** to join. However, the idea of living on an island is wonderful, because I can live more naturally when I'm close to nature.

- definitely (adv) chắc chắn
- entertainment (n) sự giải trí

23. PLAN

1. Do you make plans every day?

I like scheduling my day before it really happens, and I'm **fanatic about disciplines**. Without planning, I don't think we can have a successful day, and our life will **gear towards** nowhere if days are not controlled well.

- tobe fanatic about (adj) nghiện/say sưa về
- discipline (n) kỉ luật
- gear towards (v) rẽ hướng về

2. Are you good at managing your time?

I'm quite proud of my time-controlling ability. I developed 3 ways to use time effectively, which are Podomoro, making a to-do list, and blocking our time. I use them as **frequently** as possible and find them very **effective**.

- frequently (adv) thường xuyên
- effective (adj) hiệu quả

3. What is the latest plan you made?

Well, the most recent plan I had was to attend my cousin's wedding in a city 600 km from where I live. I had to book the flight ticket, asked for days off and did some research about the destination before **departure** because I wanted to explore the city. The trip went really well thanks to **prior** planning.

- departure (n) sự khởi hành
- prior (adj) trước

4. What is the hardest part of making plans?

I think the most difficult thing in creating plans is to set true **priorities** in a time limit. Some people are afraid of long-term goals and **struggle** to **break** them down into smaller **achievable** tasks and finish it regularly.

- priority (n) sự ưu tiên
- struggle to do sth (v) vật lộn, gặp khó khăn để làm gì đó
- break sth down into (v.phrase): chia cái gì đó nhỏ ra thành..
- achievable (adj) có thể đạt được

24. GARBAGE

1. Why do some people throw garbage on the street?

I think because they are lazy, their **sense of community** is low, or they are **uneducated**. They might have not known about the **consequences** of their behaviors and the **pollution** that the earth and people all over the world are **bearing**.

- sense of community (n) nhận thức cộng đồng
- uneducated (adj) thiếu học
- consequence (n) hậu quả
- pollution (n) sự ô nhiễm
- bear (v) chịu đựng

2. What do you do with garbage when you are on the street?

I would either put it in the bin or put it in my bag or pocket. Usually, my garbage is the **package** of products I buy, such as the cover of a slice of sandwich, or a paper cup. I could put them in the bin, or keep it if I can use it later.

- package (n) bao bì

3. How do you feel when you see people throw garbage on the street?

I would definitely classify them as either **uneducated** or **ignorant**. I could remind them about the **importance** of keeping the street clean, and help them put their trash in the right place. When gracefully **approached** with a nice **statement**, people would often listen and do accordingly.

- uneducated (adj) thiếu học
- ignorant (adj) lơ đãng
- importance (n) tầm quan trọng
- approach (v) tiếp cận
- statement (n) lời khẳng đinh

4. Do you think your city is clean or not?

To be honest, I think my city is not clean, and in fact, it is one of the most polluted cities in the world. The air quality is seriously low, and the trash is **frequently** seen on the street.

- to be honest (adv) thành thực mà nói
- frequently (adv) thường xuyên

25. HAIRCUT

1. Have you ever had an unhappy haircut experience?

I once had a terrible haircut, which I **regretted** right after taking it. It was a **last-minute decision** when I arrived at the **hairdresser's**, after her quick careless **consultancy**, I **opted for** a very short bang. It was a trend at that time, but my face having styled like that looked exactly like a cow. I almost cried the way home and never came back to that shop.

- regret (v) hối hận
- last-minute (adj) phút chót
- decision (n) sự quyết đinh
- hairdresser's (n) tiệm cắst tóc
- consultancy (n) sự tư vấn
- opt for (v) chọn

2. How long have you had your current haircut?

This style has been **with me** for about 4 months. I had an **on-off relationship** with it, but I'm always happy when I go back to it.

- tobe with sb: ở bên cạnh ai đó
- on-off relationship (n) mối quan hệ đến rồi lại đi (không liên tục)

3. How often do you have a haircut?

My hair takes a little long time to grow, so if I want to have some **renovations**, it should take about 2 or three months. I usually restyle my hair in a quarter.

- renovation (n) sự cải tạo

4. Do you like having your hair cut?

I like having my hair cared and styled, and having hair cut is one of the activities I want to spend time on. Sometimes I go to the hairdresser's to listen and try on some **adventurous** styles, but I also find it interesting to cut my own hair.

- adventurous (adj) mang tính mạo hiểu

26. LANGUAGES

1. Will you learn other languages in the future?

I think being a **multi-linguist** will bring a lot of benefits to people such as knowledge of new cultures, opportunities to go abroad and to make money. More than that, the act of learning new things can help our brain work more effectively and become more intelligent. So I **probably** would choose some other languages to learn if I have time.

- multilinguist (n) một người có thể nói nhiều thứ tiếng
- probably (adv) có lẽ

2. Do you think it is difficult to learn a new language?

I think learning everything has difficulties, especially when you are a beginner. But overcoming obstacles to me is a **wondrous** challenge **worth** trying.

- wondrous (adj) tuyệt vời
- worth (v) xứng đáng

3. What language can you speak?

I can speak Vietnamese, my mother tongue, English, and some Korean. Not similar to English, Korean is very easy in pronunciation but difficult in grammar and vocabulary. I find learning new languages a good hobby to **take up**.

- take up a hobby: học một thói quen mới

4. Why do you learn English?

I believe when we learn a new language, we will not only **expand** our knowledge, but also change our mindset and open our **perspectives**. Learning English to me is more than just gaining a tool to access wisdom all over the world, which is mostly written in English, but to become a global citizen.

- expand (v) mở rộng
- perspective (n) quan điểm
- global citizen (n) công dân toàn cầu

27. WALKING

1. Where do you usually have a walk?

I usually have a short walk in the park near my house. I really enjoy the lake and also the fresh atmosphere. Whenever I have a walk there, I can totally **let my hair down** without thinking about anything.

- let my hair down: thư giãn

2. Do you think people will walk more or not in the future?

Based on what I've **observed** so far, I would say people in the future would walk less because they are now having more and more **excuses** not to walk. They can drive motorbikes, or even cars to work; they use elevators to **avoid** climbing stairs, they make phone calls and chats to order food from the shops nearby. There could be more opportunities and **encouragement** to walk, but people would refuse to do it.

- observe (v) quan sát
- excuse (n) lời giải thích
- avoid (v) tránh
- encouragement (n) sự ủng hộ

3. Do you walk more often than in the past?

As I am now responsible to **do the shopping** in my family, I must walk more often to the markets, or the supermarkets to buy **groceries**. In the past, after sitting all day at school, I continued sitting all afternoon and evenings in extra classes. So I can say I'm more of a walker now.

- do the shopping= buy groceries: đi mua sắm những vật dụng cần thiết

4. Do you walk a lot?

I don't think so. I only walk when I need to, or when I feel to, with about 8km per day in total. Many people in my country selling clothes and groceries on the street, they have to walk up to 30km a day. I think only 20-30km per day should be considered as **a huge number**.

- a huge number: một con số lớn

28. CONCENTRATION

1. Why do you need to be focused?

I believe when we are **concentrated**, we can get more work done. **Furthermore**, focus is one of the key factors leading to **productivity** and effectiveness. When I am focus, I can get up to 90% in my tests, while the maximum I can achieve with distraction is only about 60%.

- concentrate (v) tập trung
- furthermore (adv) hơn nữa
- productivity (n) sự hiệu quả

2. What may distract you when you are trying to stay focused?

There are a lot of distractions that can **drive us away from** our focus such as the noise from the surrounding; the **wandering** thoughts inside our heads or the **disturbance** of people and **alerts** from your devices.

- drive sb away from (v) kéo ai đó khỏi cái gì đó
- wandering (adj) lang thang
- disturbance (n) sự quấy rầy
- alert (n) thông báo

3. What do you do to help you concentrate?

I believe in order to stay focus, we should prioritize your tasks, have a time limit to **put us under pressure**, and to stay away from distractions. When we **set our goals precisely** and prepare ourselves perfectly to enter the concentration mode, we can stay focus for a really long time.

- put sb under pressure (v) đặt ai đó dưới áp lực
- set goal (v) đặt mục tiêu
- precisely (adv) chính xác

4. Is it difficult for you to stay focused on something?

Yes, I find it hard sometimes. Especially when I have to **switch** between tasks, answer emails and **do the logistics** while I need to focus on one thing. I love writing and producing articles and trying hard to be more productive by focusing on what is important to me and forget the rest.

- switch (v) đổi
- do the logistics (v.phrase) làm những việc ngoài lề, như sắp xếp,...

29. FOREST

1. When was the last time you went to a forest?

I cannot **recall** the exact time, but about 3 to 5 years ago. I went with my family to a nationally **natural reservation** in the middle of my country. It was a wonderful trip because we saw many kinds of animals, and really **felt the connection** between us- human beings and nature.

- recall (v) nhớ
- natural reservation (n) nơi bảo tồn thiên nhiên
- feel the connection (v) cảm nhận sự kết nối

2. Do you like going to the forest if you are free?

I would definitely say yes. A trip to the forest can help me relax, release a lot of **burdens** and **refill** my pack of **energy**.

- burden (n) gánh nặng
- refill (v) làm đầy lại
- energy (n) năng lượng

30. HOMETOWN

1. Where are you from?

I am from the countryside in the north of Vietnam, which has a **tranquil** atmosphere. Although it is a **mountainous** region, it is still a **tourist attraction** because of its **spectacular** landscape. Every year, there are a number of local and international visitors coming there so that they can **escape from the hectic pace of life** in big cities and enjoy some fresh air.

- Tranquil: (adj) yên bình, tĩnh lặng
- Mountainous: (adj) thuộc vùng núi
- Tourist attraction: (noun) địa điểm thu hút khác du lịch
- Spectacular: (adj) hùng vĩ, đẹp mắt
- Pace of life: nhịp sống
- To escape from the hectic pace of life: thoát khỏi nhịp sống xô bồ

2. What is it like where you live?

Now I am living in Ha Noi – the capital of Viet Nam. You can see there are a number of **shopping centres** and **fashionable boutiques** there so I can buy anything. Another point is that although **traffic congestion** is a big challenge in Ha Noi, especially during **rush hour**, the government still maintain a good **public transport** so it is so easy to go around.

- Shopping centre = Shopping mall: (noun) Khu trung tâm mua sắm
- Fashionable boutique: (noun) Cửa hàng thời trang
- Traffic congestion = Traffic jam: (noun) Ùn tắc giao thông
- Rush hour: (noun) Giờ cao điểm
- Public transport: (noun) Phương tiện giao thông công cộng

3. Do you like your hometown? (Why)?

Yes, there are many things I am really into when living in Ha Noi. Firstly, because it is where my relatives and best friends live, so I always feel a strong sense of warmth. Also, Ha Noi has a lot of **tourist attractions** where I can come and meet international visitors to improve my English ability. Especially, I really enjoy the **vibrant beauty** of the city at night. It is a **sprawling city**, which has many **high-rise flats**, and **office blocks**.

- Tourist attraction: (noun) Địa điểm thu hút khách du lịch
- Sprawling city: (noun) Thành phố lớn
- High – rise flat: (noun) Căn hộ nhiều tầng
- Office block: (noun) Tòa nhà văn phòng
- Vibrant: (adj) Sinh động

4. Do you like living in the city?

Yes, I do because I can **hang out with** my friends at **pavement café**, and also go shopping with them in **fashionable boutiques**. Besides, there are a variety of **lively restaurants** where I can visit in order to **reduce stress** after a hard-working week. The only thing that I don't like about the city is the very **high cost of living** so I have to **work flat out** to afford my basic needs

- To hang out with + SB: Đi chơi với ai
- Pavement café: (noun) Quán cà phê vỉa đường
- Fashionable boutiques: (noun) Cửa hàng thời trang
- Lively restaurant: (noun) Nhà hàng rất sống động
- To reduce stress: Giảm căng thẳng
- The high cost of living: (noun) Chi phí sinh hoạt đắt đỏ
- to work flat out (idiom): làm việc chăm chỉ

5. Would you prefer to live somewhere else? (Why)?

For the moment, I am quite happy living here, but sometimes I really want to live in a place with **a lower cost of living** and **leisurely pace of life**. Ha Noi always makes me **get in the rat race** which sometimes annoys me because I prefer **a sense of community**. That is why I usually **close down** a weekend and visit some places **on the outskirts of** Ha Noi.

- A lower cost of living: (noun) Chi phí sinh hoạt thấp hơn
- Leisurely pace of life: (noun) Nhịp sống thư giãn
- To get in the rat race: (noun) Bắt vào lối sống chạy đua với nhau
- A sense of community: (noun) Tính cộng đồng
- To close down: (verb) Đóng cửa kinh doanh
- On the outskirts of Ha Noi: Vùng ngoại ô của Hà Nội

6. Do you think your hometown is a good place for young people? (Why)?

Yes absolutely, Hanoi is an ideal place for young people in terms of amenities such as **lively bars**, and **shopping malls** which are completely suitable for the young. Also, there are a number of industrial zones or office blocks surrounding it, so young graduates can easily **land decent jobs**.

- Lively bar: (noun) quán bar rất sôi động
- Shopping mall = shopping centre: (noun) trung tâm thương mại
- To land decent jobs: (verb) Tìm công việc tốt

31. WORK AND STUDY

1. What kind of school did you go as a child?

As a kid, I **attended a public primary school**, which is quite a big school and it **is equipped with a lot of modern facilities** to **cater for students' learning**. At that time, I also studied with a lot of **studious** and **disciplined** friends who helped me a lot in studying.

- Attend a public primary school (ph.v): Tham gia trường công
- To be equipped with modern facilities (ph.v): Trang bị với nhiều thiết bị hiện đại
- Cater for students' learning (ph.v): Phục vụ cho việc học của học sinh
- Studious (adj): Chăm chỉ
- Disciplined (adj): Kỷ luật

2. What is your area of specialization?

Well, I majored in English Teaching Education Faculty at the University of Languages and International Studies. As I dreamed of becoming an English lecturer in the future who **assimilates knowledge** to students, I think this major is really **right up my alley**.

- Assimilate knowledge (ph.v): Truyền đạt kiến thức
- Right up my alley (idi): Phù hợp với sở thích mình

3. Why did you choose that major?

As I previously said, I chose this major mainly because I really want to become an English teacher. I think the huge benefit of being a teacher is **a sense of pleasure** you **achieve** when you see your students make progress. Besides, I have been an English **enthusiast** since I was a child and I want to teach and **inspire** my students to **have interests in** this language.

- A sense of pleasure: Cảm giác vui vẻ
- Achieve (v): Nhận được
- Enthusiast (n): Người đam mê
- Inspire (v): Truyền cảm hứng
- Have interests in (ph.v): Yêu thích

4. Do you like your major?

Well, I have to say that I have never regretted **opting for** English Teaching Education major since this allows me to **have a great command of** English. You know, during my student's years, I had **countless chances** to practice listening, speaking, reading and writing and to master this language. Additionally, when my students **make progress in** learning English, I get a sense of job satisfaction and **self-worth.**

- Opting for (ph.v): Lựa chọn
- Have a great command of St (ph.v): Giỏi/ Xuất sắc cái gì

- Countless chances (n.ph): Cơ hội đáng kể
- Make progress in (ph.v): Tiến bộ
- Self-worth (n): Giá trị của bản thân

5. Do you think that your country has an effective education system?

To be honest, I don't think so. The reason is that our country still exits the **exam-driven education system**, which only provides students with **theoretical knowledge** than a practical one. Therefore, a lot of students forget immediately about what they have learned and do not know to apply it to real situations.

- Exam-driven education system (n.ph): Hệ thống giáo dục chú trọng vào thi cử
- Theoretical knowledge (n.ph): Kiến thức lý thuyết

6. What do you do?

I currently work as a teacher at a private centre in Hanoi. I am mainly responsible for teaching IELTS for students who want to **pass the IELTS exam with flying colors**. To me, it is not a job that helps me **earn a great deal** but gives me an immense amount of **job satisfaction**.

- Pass the … exam with flying colors: Vượt qua kỳ thi nào đó với điểm số cao
- Earn a great deal: Kiếm được nhiều tiền
- Job satisfaction: Sự hài lòng trong công việc

7. Why did you choose to do that type of work (or, that job)?

I guess it's because of my passion which **runs in my family**. The process of teaching and designing the lessons improves my creativity and ability fighting against stress.

- Passion: Đam mê
- Run in family: Truyền thống gia đình

32. VISITING RELATIVES

1. Do you often visit your relatives? (Why?)

Personally, I rarely **stand a chance** to visit my relatives but I do visit them a few times on special occasions such as the Tet holiday and their birthdays. **The subtle point** is I am trying to **mingle with** the busy life in Hanoi which is quite far away from my hometown. That being said, the time I can spend on visiting them is quite limited.

- Stand a chance (idiom): to have a chance of success of doing something - có cơ hội làm gì
- The subtle point (noun phrase): small but important point - điều quan trọng
- Mingle with (phrasal verb): to mix or fit in well with a group of people - hòa mình với

2. What do you do when you visit them?

Well, it depends. Mostly my relatives themselves **prefer to** spend time together by sitting around a table and enjoy our dinner party. Honestly speaking, I'm not a good cook but there would be no trouble for me to prepare some avocado salad with a **so-called** recipe for the party.

- Prefer to (verb): to like, choose, or want one thing rather than another, thích cái gì hơn
- So-called (adj): introduce a new word or phrase that is not yet known , tự phong, không chính thống

3. When was the last time you visited them? What did you do?

I'd say it's a couple of months ago because the last time I visited them we were really **in good harmony**. I never feel being **drifted apart from** them though I might not have seen them for several months. We took the time to **dine out** and shared about recent **ups and downs**, they gave me a lot of support and encouragement.

- In good harmony (idiom): agreeable or compatible with someone or something - hòa hợp vui vẻ với ai
- Drift apart from (phrasal verb): become less friendly, isolated from, bị tách biệt, xa cách
- Dine out (phrasal verb): to go to a restaurant to eat your evening meal - ăn tối bên ngoài
- Ups and downs (idiom): a mixture of good and bad things happens - những giai đoạn thăng trầm

4. Do you prefer visiting your relatives, or your friends?

When it comes to choosing between relatives and friends, I believe relatives should be my priority. It's obvious that visiting relatives will be an incredibly precious opportunity for all members even your family to gather and **catch up with the loved ones**. My experience when visiting friends was quite **hectic** with loud music, drink, and unaffordable parties, which made me feel **extremely unrestrained**.

- When it comes to (phrase): used to identify the specific topic that is being talked about, khi nói đến vấn đề
- Catch up with (phrasal verb): talk to someone who has not seen for a long time in order to find out what they have been doing, bắt kịp, thăm hỏi
- Hectic (adj): very busy and fast - vô cùng bận rộn, hối hả
- Unrestrained (adj): not limited or controlled - mất kiểm soát

5. Do you take anything when you visit your relatives?

As my relatives are getting older, they don't really appreciate the material gifts like money or clothes, instead they prefer to have someone cook a **homemade meal** for them. That's the reason why I often **drop by** supermarket and **pick up** some raw materials to their houses and **get ready to serve in the kitchen.**

- Homemade meal (noun phrase): a meal made at home - bữa ăn tại nhà
- Drop by (phrasal verb): visit - ghé qua
- Pick up (phrasal verb): collect - lựa chọn, mua
- Get ready to (phrasal verb): be ready to do something - sẵn sàng làm gì

33. PERFUMES

1. Do you use perfume?

Well, being a man, I don't really use perfume, but I do use **cologne** and aftershave. I tend to save cologne for special events and wear aftershave as my everyday **scent**. I really like the way it feels to put **aftershave** on, just before I leave the house. It closes up my pores and prevents pimples from forming as well as adding a **nasal component** to my overall presentation. It's a pity it's all so expensive or I would wear it even more.

- Scent/ Nasal component: Mùi hương
- aftershave: Nước hoa dùng sau khi cạo râu
- Pores: Lỗ chân lông
- Pimples: Mụn

2. Do you give perfume as a gift?

To be honest, I rarely give perfume as a gift. Most expensive women's perfumes seem to contain **ingredients** that are either not good for your skin, or **destructive** to the environment. Although I suppose the fact that a good perfume might **set you back** more than a hundred dollars is a pretty strong **motivation** to find a more thoughtful gift also, as perfume seems pretty **generic** as a gift for your special someone.

- Ingredients: Thành phần
- Destructive: hủy hoại
- (something) might set you back (amount of money):
- Motivation: Động lực
- Generic: bình thường

3. How do you feel by using perfume?

Again, I can't really speak about perfume, but when I use aftershave or cologne I feel great! The feeling of **splashing** it on your face just after a hot shower and a close shave can be painful, but it really leaves you feeling alive and **invigorated**. It also leaves me feeling more confident and ready to face the world, especially if I've been **engaging in** physical activity or **strenuous** work that might leave me a little **pongy.**

- Splashing: Vỗ,
- Invigorated: tiếp thêm sinh lực
- Strenuous: vất vả
- Engaging (in): Cuốn hút, thu hút
- Pongy: Mùi hôi

4. What kind of perfume do you like?

I like scents that are fairly **neutral** and I dislike wearing products that have an **excessively** sweet or **earthy** smell. I like those smells in other kinds of products, for example, soap can smell sweet and fruity or red wine that smells earthy is ideal, but don't often wake up in the morning and think 'Wow, I'd love to go to the office today smelling of soap and fermented grapes'. My favourite **fragrances** don't have one **defining characteristic**, but several **blended** ones.

- Neutral (adj): trung tính
- Excessively (adv): quá mức
- Fragrances (noun): Mùi hương
- Earthy (adj): Mùi đất
- (a) defining characteristic (noun phrase): Đặc điểm rõ rang
- Blended (adj): Lẫn/trộn

5. Are you willing to spend money on perfume?

To a certain extent, I'm happy to spend money on colognes, perfumes, or aftershaves if the **occasion** calls for it. Perhaps for a wedding anniversary, I could be persuaded to **splash out** a little extra **cash** on some perfume as a gift, but when I buy fragrances for myself they **tend to** be in the lower cost range of what's available. To be honest, I don't really see the difference between a fifty-dollar bottle and a four hundred dollar bottle, they both smell nice, so I can't possibly **justify** the extra three hundred and fifty dollars.

- Occasion (noun): Dịp
- (to) splash out on (something) (verb): Dành một khoản tiền lớn vào việc gì
- Cash (noun): tiền mặt
- (something) tend/s to be (verb): Có xu hướng gì
- Justify (verb): biện minh

34. MATH

1. When did you start learning math?

In fact, Math is a compulsory subject in Vietnamese schools, so every child has to learn this **complex** subject from the first grade, and I'm not **an exception**.

- Complex (adj): Phức tạp
- An exception (n): Không ngoại lệ

2. Do you like math?

Frankly speaking, since I was a little girl, I was not keen on learning Math because I found it **complicated** and **tedious**. I usually got bad marks in this subject and this just made me hate learning Math even more.

- Complicated (adj): Phức tạp
- Tedious (adj): Buồn chán

3. Who's your favorite Math teacher so far?

To be honest, I do not have any favorite Math teacher. However, the best math teacher I have ever studied with was the one in primary school. In the beginning, as she knew that I was not really good at Math, she just spent her extra time to tutor me and I did **make progress**. Although Math is not my cup of tea, she still **left a good impression on** me as a **qualified** and **devoted** teacher.

- Make progress (v):Tiến bộ
- Leave Sb good impression on (v): Tạo cho ai ấn tượng tốt
- Qualified (adj): Có trình độ
- Devoted (adj): Tận tâm

4. Is math difficult for you to learn?

As I said already, it's a **tricky** and incredibly hard subject. When it comes to solving Math subjects, it's always a **nightmare** for me.

- Tricky (adj): Rắc rối, phức tạp
- Nightmare (n): Cơn ác mộng

5. Do you like to use a calculator?

I'm really into using a calculator because you know, I'm not a **math lover** and a calculator will allow me to calculate numbers more quickly without having to thinking much.

- Math lover (n): Người yêu thích học Toán

35. STREET MARKETS

1. Are street markets common in your country?

Yes, they are. I myself prefer to shop in the street markets than in the supermarkets and Saturday is my busiest shopping day.

2. What is usually sold there?

Well, The street markets sell almost everything such as food, drink, and clothes. It's also a great place to find **handmade crafts** such as jewelry, **ornaments**, wooden toys and other souvenirs, but it's the food and drink that seem to be most popular.

- Handmade crafts: đồ thủ công
- Jewelry (n): đồ trang sức
- Ornaments (n): đồ trang trí

3. Do you think people like street markets? Why?

I can't speak for everyone, but I like to buy things in the street market which is so close to my house. It is definitely more convenient than going to the supermarket and goods are more affordable.

- I can't speak for everyone, but : tôi không thể nói là tất cả mọi người, nhưng

36. TEA OR COFFEE

1. What do Vietnamese people prefer, tea or coffee?

It quite depends on age of users. If you are talking about young people, I think coffee should be the answer. Some even are **coffee addicts** because this drink keeps them **wide awake** to focus on work. However, when it comes to elderly people, tea will be their favourite **beverage** with a refreshing taste and so many positive impacts on health.

- coffee addict (noun phrase): a person who is unable to stop drinking coffee - người nghiện cafe
- wide awake (adj): fully awake and unable to sleep - hoàn toàn tỉnh táo

2. What do you usually prepare for your guests, tea or coffee?

I myself choose coffee simply because it can be served within some minutes. Otherwise, to have a cup of tea, green tea is **steeped** in boiling water and the container is also needed to warmed **beforehand**, which is a complicated process. Furthermore, it has **a stimulating effect** on humans, primarily due to its **caffeine** content

- steep in something (verb phrase): to put food in a liquid and leave it for some time so that it becomes soft and flavoured by the liquid - cho cái gì vào Cho ngấm
- beforehand (adj): earlier; before something else happens or is done - trước đó
- a stimulating effect (noun phrase): an impact that makes people feel enthusiastic - ảnh hưởng đầy tính khích lệ
- caffeine (adj): a drug found in coffee and tea that makes you feel more active - chất gây nghiện caffein

3. When did you drink coffee or tea last time?

My **morning routines** are waking up at 6, having a slight breakfast and drinking a cup of coffee. Even knowing that **being addicted to** coffee can trigger many health problems such as **hypertension**, **Parkinson's diseases** and so on, I think having only a cup daily can be at a slightly increased risk only.

- Morning routine (noun phrase): the normal order and way in which you regularly do things - thói quen vào buổi sáng
- be addicted to (adj phrase): unable to stop taking harmful drugs, or using or doing something as a habit - nghiện cái gì
- hypertension (noun): blood pressure that is higher than is normal - bệnh cao huyết áp
- Parkinson's disease (noun phrase): a disease of the nervous system that gets worse over a period of time and causes the muscles to become weak and the arms and legs to shake - bệnh Parkinson

37. MUSIC

1. Do you like music? Why/Why not?

I really love music and it also plays an important part in my life. I'm really into going to a lot of **music festivals** such as Moon Soon which is held in Hanoi every year. Even when I am busy, I play **recorded versions** on my laptop all the time.

- To be into = to be interested in: Thích cái gì
- Music festival: Lễ hội âm nhạc
- Recorded version: Bản thu âm sẵn

2. What kind of music do you listen to?

Well, it's hard for me to select only one genre of music. I love music in general but if I need to choose, I would say that I'm a big fan of **pop music**. It makes me popular with my friends because we **have the same taste in** music. Furthermore, this kind of music has a **catchy tune** and easy to **sing along**, for that reason, it has huge adoring fans including me.

- Taste in music: Gu âm nhạc
- Catchy tune: Gia điệu bắt tai
- Sing along: Hát theo
- Adoring fans: Người hâm mộ

3. How often do you listen to music?

As far as I mentioned before, music is a part of my life so I listen to it every day. Whenever I'm depressed or sad, I have some **massive hits** on my phone to **cheer me up**. I love to **sing along** songs although I'm a bit **tone-deaf**.

- Massive hit: Bản hit
- Cheer somebody up: Khích lệ ai
- Sing along: Hát theo
- To be tone-deaf: Mù âm nhạc

4. Do you play any kinds of musical instruments?

Well, it's a pity that I didn't. I've always wished I'd **taken up a musical instrument**. I'd love to be able to play the guitar but I think I **have no potential** to play it. I'm **a bit tone deaf** so perhaps I'd find it hard to put my idea in practice.

- Take up a musical instrument: Học chơi một loai nhạc cụ nào đó
- Have potential: Có tiềm năng
- To be tone deaf: Mù âm nhạc

5. Have you ever played in a music performance?

Yes, I sang in school chorus several years ago and honestly, it was a shame experience in my school life. I couldn't **read music** and only **played by ear** but in **wrong tones** because I am **tone deaf**. Finally, I decided to **lip-sync** and only make **background music** for my team. That was the last time I joined a music performance.

- Read music: Hát có bài bản
- Read by ear: Nghe và hát theo
- To be tone deaf: Mù âm nhạc
- Lip sync: Hát nhép
- Background music: Nhạc nền

6. Has the kind of music that you listen to changed since you were young?

Of course, it happened already. Logically people from different ages will have **taste in music** variation. When I was a teenager, I was fond of **rock music** which **blasts out from** its strong melody. I always listened to the latest rock songs as soon as they **were released**. However, when I grow up a little bit, classical music is my choice because it has a slow melody that I can relax my mind.

	= Taste in music: Gu âm nhạc = Rock music: Nhạc rock = Blast out: Nhạc rất to = To be released: Được phát hành

7. Would you prefer to participate in a music band?

I wished I could have enough ability to become a member of a music band as K-pop bands for example. If I joined a band, our **debut album** would be about youth which inspires teenagers in life. We would have the first **music performance** in a stadium to **capture a huge number of audiences** and also attract **adoring fans**. But you know, I told you that I am **tone deaf**, so my intentions will never come true.

- Debut album: Album đầu tiên ra mắt công chúng
- Music performance: Buổi biểu diễn âm nhạc
- Capture audience: Thu hút khán giả
- Adoring fans: Người hâm mộ

38. READING

1. Do you like reading books? Why or why not?

I am deep into reading books, especially the **real page-turners** because this brings me a lot of advantages. Firstly, it **gives me relief from stress** and **slows me down** after the daily **rat race**. Secondly, it also broadens my knowledge of different cultures and lives.

- Real page-turner: cuốn sách đáng đọc
- Give relief from stress: giảm căng thẳng
- Slow me down: làm cho tôi sống chậm lại
- Rat race: cuộc sống bon chen

2. What kinds of books do you like to read?

As I mentioned before, reading **is my cup of tea** but I love reading Japanese comic books most. It is really entertaining and **exciting** which brings me a lot of different emotions. Moreover, it broadens my knowledge about the culture and people in Japan – the country that I desire to visit once in my life.

- To be my cup of tea = I like
- Exciting: hấp dẫn, thú vị

3. Did you read much when you were a child?

Yes, I was a **bookworm** when I was a little girl as my father. He bought me a huge number of books and taught me to love reading. You know, **the apple doesn't fall far from tree**.

- Bookworm: mọt sách
- The apple doesn't fall far from tree: cha nào con nấy

4. What kinds of books did you read when you were a child?

The books with many colorful images like comics were my **all-time favorite** books. I just **couldn't put them down** and **were engrossed in** those books.

- All-time favorite: sở thích
- Can't put it down: không thể đặt xuống
- To be engrossed in: đắm chìm trong

5. Do children like reading books?

Previously there was nothing much to play with, so I think books become children's best friends. However, in this **state – of – the – art** world while the technology and the Internet are **dominating**, children tend to read less and spend their time on playing gram online instead.

- State-of-the-art: hiện đại
- Dominate: chiếm lĩnh

6. What do you think are the benefits of reading for children?

Obviously reading plays an important role in children's lives because it brings a lot of advantages. Firstly, it broadens children's knowledge about different cultures and people in the whole world. Secondly, the **lexical resources** of children will be widened while they read books. And finally, books **nurture** their souls that help them become more sensitive with things around them.

- Lexical resources: Vốn từ vựng
- Nurture: nuôi dưỡng

7. What do you think are the benefits of reading to children?

Totally parents should read books for their children, especially **bedtime reading** books. It not only nurtures their children's souls about cultures and people in other places but also makes a **close-knit relationship** between parents and children.

- Bedtime reading: Sách đọc trước giờ ngủ
- Close-knit relationship: mối quan hệ khăng khít

39. TIME MANAGEMENT / BEING PUNCTUAL

1. Is it important to be punctual?

There is no doubt about it! Being **on time** is one of the most basic manners showing that you are **the man of your words** and can be relied on. The habit of punctuality also expresses your respect and make a good impression on other people.

- On time: đúng giờ
- The man of his/her/your words: người giữ đúng lời

2. How do you feel when others are late?

I think it really depends on whether there is a good reason for it or not. For example, I would feel very annoyed if someone came late just because they oversleep or forget about it. This demonstrates that he or she is stealing the precious time of other people and are **undervaluing** them. However, in some situations, if there is an objective reason like getting stuck in the traffic jam or having an illness, I think it can totally be **tolerable**.

- Undervalue: đánh giá không đúng mực
- Tolerable: có thể tha thứ được

3. Are you, yourself, late very often?

Well, I am pretty good at **on the dot** for things because I respect both my time and the time of other people. However, I can be late sometimes, but of course with a good reason for it. I mean, for example, in some unexpected circumstances like **getting stuck in a traffic jam** or having an illness

- On the dot: đúng giờ
- Get stuck in traffic jam: bị kẹt xe

4. How often do you check the time?

Oh, I do it frequently. Because of the requirements of my job, I usually have to check the time to ensure that I am **on schedule**. I don't want to **race against the time** and then **meet the deadline** just **in the nick of time**. It can **exhaust** me.

- On schedule: đúng tiến độ, đúng lịch trình
- Race against the time: chạy đua với thời gian
- Meet the deadline: đúng hạn
- In the nick of time: vừa kịp giờ, vừa sát giờ
- Exhaust somebody: làm ai đó kiệt sức.

5. What do you do when you wait?

Waiting time is really not my cup of tea, so I always try to find interesting things to **kill the time** like surfing Facebook, talking on the phone or indulging in a book.

- Kill the time: giết thời gian

40. TRAVELLING

1. Do you like holidays? Why / why not?

Yes, I am passionate about holidays. You know, to deal with the hectic pace of life, I need to have **short breaks** regularly so that I can **get away from it all**. Especially, I think everyone should have **a holiday of a lifetime** that makes their lives more interesting and significant. However, I detest **tourist traps** because it wastes a huge amount of money and all services seem to be overloaded.

- Short break: kì nghỉ ngắn ngày
- To get away from it all: Thoát khỏi tất cả đi du lịch để giảm căng thẳng
- Tourist trap: Nơi nhiều khách du lịch đến và bóc lột khách du lịch (bằng cách lấy tiền đắt)
- Holiday of a lifetime: kì nghỉ đặc biệt trong đời

2. What kind of holiday do you like?

Well, still being a student, so **self – catering** is the kind of holiday that I really enjoy. Its cost is quite reasonable for my tight budget. My friends and I usually **go sightseeing** in **picturesque villages** after an exam and prepare all things by ourselves. We can reduce stress about the study on these holidays.

- Self-catering: Kì nghỉ tự phục vụ
- To go sightseeing: Đi tham quan
- Picturesque village: Ngôi làng đẹp như tranh

41. ROBOTS

1. Are you interested in robots?

Absolutely, robots are the **cutting – edge** items that are **indispensable** in this world. They help people **handle** a number of issues not only at home but also at work.

- Cutting-edge: Hiện đại
- Indispensable: Không thể thiếu
- Handle: Giải quyết

2. Do you like robots to work at your home?

Yes, I love the idea having a **domestic robot helping** me **around the house** like cleaning the floor or cutting the grass. It would be an awesome way to save time and energy.

- Domestic robot: Robot trong nhà
- Help around the house: làm việc nhà

3. Do you want to take a car which robot is the driver?

Well you know nowadays, **self-driving cars** are certainly not a strange topic anymore. However, I gotta say I don't really feel comfortable letting robots **take the wheel**. I think they are not 100% reliable and may not handle dangerous situations like a **slippery** road as well as a human driver does. So, for now, I still prefer to **drive manually**.

- Self – driving a car: ô tô tự lái
- Take the wheel: lái xe
- Slipper: trơn trượt
- Drive manually: lái bằng tay

4. Will robots replace human beings in the workplace completely?

Certainly not. Although now human labor is being replaced by automatic robots in **manufacturing**, there are always things that require the **delicate** touch of a human hand like producing **handicraft** products.

- Manufacturing: sản xuất
- Delicate: tinh xảo
- Handicraft: thủ công

5. Would you like to buy a robot?

Owning a domestic robot is my dream and I desire to make my dream come true. It should be smart, portable and also **energy-saving** because I wouldn't want to waste too much energy on it. Especially, it would be better that it doesn't **cost me an arm and a leg**, too.

- Energy – saving: tiết kiệm năng lượng
- Cost an arm and a leg: Tốn tiền

42. SMILE

1. Do you like to smile?

Yes definitely. To be honest, a smile helps me find happiness and **peace of mind**. Especially smiling can **lift my spirits** when I'm feeling **blue** and might be beneficial for me to cope with stressful situations in my life.

- peace of mind: bình yên trong tâm hồn
- life sb's spirits: làm ai đó phấn chấn hơn
- blue: buồn bã
- cope with: giải quyết

2. How often do you smile?

I smile on a regular basis when I have some good news. The moment I wake up, right away, I **kick off** my day by smiling to **get motivated**. When I pass the university entrance exam with **flying colors**, I smile all the time to let others know that I am really **over the moon**.

- Kick-off: bắt đầu
- get motivated: trở nên tràn đầy động lực
- flying colors: điểm xuất sắc

3, Do you smile when you are having your picture taken? Why?

Not really. I smile whenever I am **over the moon**. I will show the exact **facial expression** I have at that time to keep the unforgettable moments. In addition, I will look more picturesque when you express my happiness on my face.

- facial expression: nét mặt
- over the moon: rất vui

4, When do people smile to others?

When they would like to express their feelings about what others told them, they will smile to show that they are **full of the joys of spring**. Others' smiles could help you overcome stressful situations and **improve your mood.**

- full of the joys of spring: tràn đầy niềm vui
- improve your mood: cải thiện tâm trạng

5, Can you sense if someone's smile is fake?

Honestly no. Because I'm not actually a **sensitive** person, I couldn't know when others smile to try to **hide their feelings.** However, when somebody **sneers**, I do realize the kind of an unkind expression.

- sensitive: nhạy cảm
- hidden their feelings: che giấu cảm xúc
- sneer: cười khinh bỉ